



**Name** : Mr. Sachin J. Kokode  
**Qualification** : M. P. Ed., NET (UGC)  
**Designation** : Director of Physical Education & Sports  
**College** : Shri Shivaji Science and Arts College Chikhli  
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**Date of Birth** : 01/10/1981  
**Date of joining** : 24 July 2010  
**Nationality** : INDIAN  
**Academic Qualification Details** :

Examination passed	College/ Institute	Board/ University	Subject/ Specialization	Year of passing	Division/ Grade
SSC	DVM, Karwahi	Nagpur	Eng., Mar., Social Science, Math & Science	1998	II
HSSC	SNTM Ramtek	Nagpur	Eng., Mar., Eco., Co-op., Hist.	2000	II
B.A.	Dr. Babasaheb A. Maha. Nagpur	RTM Uni. Nagpur	Eng., Mar., Eco., Pol. Science & Hist.	2003	II
B.P.Ed.	NSSM Nagpur	RTM Uni. Nagpur	Physical Education	2004	I
M.P.Ed.	PGTD of Physical Education, RTM, Nagpur	RTM Uni. Nagpur	Physical Education	2006	I

NET		UGC	Physical Education	2007	Qualify
GATE	-	-	-	-	-
DRDO-SET	-	-	-	-	-

<b>Experience: Teaching</b>	UG: 11 Yrs	PG: 11 Yrs	
<b>Research</b>	: 11 Yrs		

**Area of Research** : Physical Education, Sports, Yoga

<b>Ph. D/M. Phil Guidance</b>	: No		
<b>Paper Published</b>	:08		
<b>Paper Presented</b>	: International 01	National	07
<b>Book Published</b>	: No		
<b>Articles Published</b>	: No		
<b>Invited Talk &amp; Guest Lectures</b>	: No		
<b>Conference / Workshop Attended</b>	: International 05	National, State, University	13
<b>Research Project Completed</b>	: No		
Minor Research Project	:		
Major Research Project	:		
<b>Position Held</b>	:		
<b>Awards / Scholarships</b>	: No		

**Works on Various University Committees:**

1. Member of SGBA University Chess (*Men/Women*) Team Selection Committee.  
Dated 23<sup>rd</sup> to 25<sup>th</sup> Oct. 2019
2. Organizing Committee member of Inter College Cross Country Championship – 2016-17 on  
Dated 11/09/2016.
3. As a Coach During the year 2013-14, SGBA University Korfbal (Men/Women) team  
in the Inter University Tournament held at Maharshi Dayanad Uni. Rohtak.
4. As a Coach During the year 2014-15, SGBA University Kho-Kho (Women) team  
in the Inter University Tournament held at Janarhdan Rai Nagar Rajasthan Vidyapeeth,  
Udaipur.

5. Worked as a committee member in University level Seminar Competition for UG Students. On March 24<sup>th</sup> 2013.

## RESEARCH PROFILE

### 1. Research Papers published in journals:

Sr. No	Title	Name of Authors as mentioned in paper	Journal, Vol. No., Page No. Year	Impact Factor if any	ISSN/ ISBN No.
1	“The Benefits Of Walking For Overweight Adults Women’s”	Prof. Sachin J. Kokode	Global Journal of Applied Social, Political, Sports & Science Multi-Disciplinary Journal, Page no. 396 to 397, 2016-17	1.814	ISSN 2278-4349
2	“ The Role of Traditional Sports in Physical Fitness and Health”	Prof. Sachin J. Kokode	International Journal of Health, Physical Edu. & Computer Science in Sports, Page. No. 336-37, 2017-18	3.565	ISSN 2231-3265
3	“ Information Technology in Physical Education & Sports”	Prof. Sachin J. Kokode	International Research Association Research Journey, 24 <sup>th</sup> April 2019, Special Issue 182 (C) , 2018-19	(SJIF) 6.261	ISSN 2348-7143
4	“The Role of Nutrition in Enhancing Sports Performance of Players”	Prof. Sachin J. Kokode	Ayushi International Inter-disciplinary Research Journal, Page no. 276 To 277, 2018-19	4.574	(ISSN 2349-638x)
5	“ Sports and Healthy Lifestyle”	Prof. Sachin J. Kokode	Ayushi International Inter-disciplinary Research Journal, Page No. 470-472, 2019-20	6.293	ISSN 2349-638x
6	World Sports is Facing Financial Crisis Due to COVID-19,	Prof. Sachin J. Kokode	An International Bilingual Peer Reviewed Refereed Research Journal Vol.7, Issue 27, Page nos. 31-36, 2020-21		ISSN 2348-2397
7	The Importance of Yoga Practices and Its Effects on Fitness,	Prof. S. J. Kokode	An International Refereed, Peer Reviewed & Indexed Quarterly Journal, Special Issue July 2020 DOI Prefix 10.22183/, Page Nos. 148-151, 2020-21	RN SIF 5.411	ISSN 2277-8071
8	fonHkkZrhy [kks&[kks vkf.k dcĪh [ksGkMwaP;k ’kkjhfd {kerk ?kVdkaoj vkf.k ’kjhj fdz;k’kkL= {kerk ?kVdkaoj ijaijxR O;k;kekapk gks.kkÚ;k ifj.kkecaps rgyukRed v/;u	Prof. Sachin Kokode	Aayushi International Interdisciplinary Research Journal (AIIRJ), VOL-VII, ISSUE- IX, Sept. 2020, iku dzz-141 rs 145, 2020-21	6.293	ISSN 2349-638x

### 2. Full Papers in Conference proceedings:

Sr. No.	Name of Conference	Level	Title of Paper	Name of Authors as mentioned in paper	Place & Date	ISSN/ ISBN No.
1.	International Conference on Physical Education, Fitness and Sports Science 2017	International	“ The Role of Traditional Sports in Physical Fitness and Health”	Prof. Sachin J. Kokode	Osmania Uni. , Hyderabad, T.S. India.	ISSN 2231-3265
2.	NCCLIST-2019	National	“ Information Technology in Physical Education & Sports”	Prof. Sachin J. Kokode	A.G. Comm. College, Sakharkheda	ISSN: 2348-7143
3.	‘Role of Physical Education and other Disciplines in Enhancing the Performance of Players and Fitness for Young and New India’	National	“ The Role of Nutrition in Enhancing Sports Performance of Players”	Prof. Sachin J. Kokode	Bar. RDIK & KD College Badnera-Amravati.	ISSN 2349-638x
4.	“Physical Education As a Profession”	National	“ The Physical Education Person and Its Professional Responsibility”	Sachin J. Kokode	TMAC College, Chikhli Dist. Buldana	ISBN: 978-93-82795-14-8

### 3. Papers presented in Conferences / Seminar / Symposia / Workshop:

Sr. No.	Title of Paper	Title of Event	Level	Date	Organizer
1.	“ Dynamics of Yoga”	Physical Fitness & Holistic Life	National Seminar	22 <sup>nd</sup> Jan. 2011	Phulsing Naik M.V. Pusad
2.	“The Physical Education Person and it’s Professional Responsibility”	Physical Education as a Profession	National level Seminar	16 <sup>th</sup> Feb. 2013	TMAC College, Chikhli
3.	“ Sports Injuries and Its Prevention”	Legal Aspects of Health-Fitness, Sports Injuries and Its Management	National Seminar	18 <sup>th</sup> Sept. 2012	LMM, College, Chandur Rly, Dist. Amravati
4.	“Displacement, Human	Human Rights	7 <sup>th</sup> Days Short	28 <sup>th</sup> Oct. to	Shri Shivaji

	Right & Adivasi Peoples Problems”		Term Course	3 <sup>rd</sup> Nov. 2015	Sci. & Arts Coll. Chikhli
5.	“Study the use of Electronics Instruments in Sports”	‘Application of Science and Social Science in Sports’	National Level	11 <sup>th</sup> March 2017	VNGIASS, Nagpur
6.	“ The Benefits of Walking for Overweight Adults Women”	‘Health, Physical Activity and Chronic Diseases’	National Level Seminar	20 <sup>th</sup> & 21 <sup>st</sup> Aug. 2016	Smt. NWK Maha, Yavatmal
7.	“The Role of Traditional Sports in Physical Fitness and Health”	‘Physical Education, Fitness and Sports Science 2017’	International level Conference	19 <sup>th</sup> & 20 <sup>th</sup> Aug. 2017	Osmania University, Hyd. T.S.
8.	“ The Role of Nutrition in Enhancing Sports Performance of Players”	‘Role of Physical Education and other Disciplines in Enhancing the Performance of Players and Fitness for Young and New India’	National Conference	24 <sup>th</sup> Dec. 2018	Bar. RDIK & KD Coll. Badnera-Amravati.

#### 4. Conferences / Seminar / Symposia / Workshop Attended:

Sr. No.	Theme	Level	Date	Organizer
1.	“Health, Physical Education and Computer Science in Sports 2012”	International Level Workshop	11 <sup>th</sup> to 12 <sup>th</sup> Aug. 2012	Osmania Uni., Hyderabad, India
2.	“Physical Education, Fitness & Sports Science 2017”	International Level Conference	19 <sup>th</sup> & 20 <sup>th</sup> Aug. 2017	Osmania Uni. Hyderabad, India.
3.	“ e-governance”	National Level workshop	21/02/2018	Shri Shivaji Science and Arts College, Chikhli Dist. Buldana.
4.	Physical Education Teachers Seminar	University Level Seminar	15 <sup>th</sup> April 2018	Shri Dr. R.G. Rathod Art’s and Science College Murtizapur, Dist. Akola.
5.	Technical Aspects of Physical Education & Sports	University level Workshop	08 <sup>th</sup> July 2018	Dr. Babasaheb Ambedkar Maha., Amravati.
6.	New Academic Performance Indicator Based , Performance Based Appraisal System(PBAS) for Director of Physical Education	State level Workshop	27 <sup>th</sup> 2018	Department of Physical Education Bhartiya Mahavidyalaya, Morshi. Dist. Amravati
7.	“ Sports & Physical Education”	University Level Workshop	23 <sup>rd</sup> to 25 <sup>th</sup> Aug. 2019	Director of Sports & Physical Education (SGBAU)
8.	“Prevention of Doping in Sports – Current Challenges &	National Conference	30 <sup>th</sup> – 31 <sup>st</sup> Jan. 2019	Physical Education Foundation of India (PEFI)

	Innovations”			
9.	“Unnat Bharat Abhiyan”	Statel Level Seminar	11 <sup>th</sup> March 2019	Model Degree College, Buldana
10.	2) International E- Conference on “ Strategies and Challenges in Higher Education During COVID-19”	International Level E- Conference	15 <sup>th</sup> to 17 <sup>th</sup> May 2020	Govt. of Maharashtra Govt. Vidarbha Institute of Science & Humanities, Amravati
11.	Online Workshop on “ How to write a Literature Review Article”,	National level	17 <sup>th</sup> May 2020 (Sunday)	
12.	“National Online Workshop on Sports & Health Education.”	National level	April 15 <sup>th</sup> to 22 <sup>nd</sup> 2020	
13.	On New Challenges and Opportunities in Physical Education, Rec., Health & Wellbeing, Yoga, Psychology, Nutrition etc.	International level online seminar & workshop	May 25 <sup>th</sup> to 28 <sup>th</sup> May 2020.	Organized by Shri Shivaji College of Physical Education, Amravati
14.	Online E-Contend Development Course	National level workshop	07 <sup>th</sup> May to 13 <sup>th</sup> May 2020	E-Learning
15.	‘Online Refresher Course in Games and Sports’	National level	From 21 <sup>st</sup> May to 27 <sup>th</sup> May 2020	Ultimate Sports & Fitness Center affiliated with Tejal Educational Institute, Nashik
16.	“Future Road Map for Health, Fitness & Wellness”	International	30 <sup>th</sup> & 31 <sup>st</sup> July 2020	Dept. of Phy. Edu. & IQAC, SGBAU.
17.	“Wildlife Conservation Strategy ” on theme “Their Survival is in our Hands”	National level Webinar	29 <sup>th</sup> July 2021	RSS College, Chandur Rly, Dist. Amravati(M.S.)

**5. Training Courses, Teaching-Learning-Evaluation Technology Programmes, Faculty Development Programmes (not less than one week duration)**

Sr. No.	Programme	Duration	Organized By
1.	Orientation Course	09-03-2015 to 04-04-2015	UGC-HRDC- RDV, Jabalpur (M.P.)
2.	Short Term Course on "Human Rights"	28-10-2015 to 03-11-2015	Shri Shivaji Science and Arts College, Chikhli
3.	Refresher Course on Teachers Educators (Physical Education)"	04 <sup>th</sup> to 24 <sup>th</sup> July 2016	Department of Education & Extension, SPP Uni., Pune
4.	Refresher Course in Physical Education	21 <sup>st</sup> Aug. to 10 <sup>th</sup> Sep. 018	UGC-HRDC, LNIPE, GWALIOR (MP) India
5.	Completed Two Weeks FDP on " <i>Managing Online Classes and Co-Creating MOOCS:2.0</i> "	18 May to 03 June 2020	( <i>Teaching Learning Center, Ramanujan College, University of Delhi</i> )
6.	Refresher Course in Science & Technology of Yoga and Meditation	24 <sup>th</sup> Aug. to 05 <sup>th</sup> Sept. 2020	UGC-HRDC, DHGV, Sagar (MP) India.

**6. Events Organized:**

Sr. No.	Events	Level	Funded By	Date	Position
1.	Intramural Sports Competition	College Level	College funding	22 <sup>nd</sup> to 24 <sup>th</sup> Dec. 2010	Coordinator
2.	Intramural Sports Competition	College level	College funding	23 <sup>rd</sup> to 24 <sup>th</sup> Dec. 2011	Coordinator
3.	Cricket	University	SGBA , University Funding	12 <sup>th</sup> Sept. to 04 <sup>th</sup> Oct. 2012	Zonal Secretary
4.	Shivaji Olympiad Tournament	Regional level	College Funding	3 days	Coordinator
5.	Intramural Sports Tournament	College level	College funding	21 <sup>st</sup> to 23 <sup>rd</sup> Dec. 2012	Coordinator
6.	Sports Competition	Divisional level	College funding	4 <sup>th</sup> to 05 <sup>th</sup> Dec. 2013	Organizer
7.	Intramural Sports Competition	College level	College funding	21 <sup>st</sup> to 24 <sup>th</sup> Dec. 2013	Coordinator
8.	Cricket	University level	SGBA University funding	01 <sup>st</sup> to 20 Sept. 2014	Zonal Secretary
9.	Shivaji Olympiad	Regional Level	College funding	3 <sup>rd</sup> , 05 <sup>th</sup> & 08 <sup>th</sup> Dec. 2014	Coordinator
10.	Intramural Sports Competition	College level	College funding	22 <sup>nd</sup> to 24 <sup>th</sup> Dec. 2014	Coordinator

11.	Cricket	University level	University funding	2015-16	Zonal Secretary
12.	Intramural Sports Competition	College level	College funding	21 <sup>st</sup> to 24 <sup>th</sup> Jan. 2016	Coordinator
13.	Cricket (Men)	University level	Sant Gadge Baba Amravati University.	02 <sup>nd</sup> to 19 <sup>th</sup> Oct. 2016	Zonal Secretary
14.	Annual Sports Week	College level	College funding	2016-17	Coordinator
15.	Cricket (Men)	University level	Sant Gadge Baba Amravati University.	2017-18	Zonal Secretary
16.	Ball Badminton (Women)	University level	Sant Gadge Baba Amravati University.	2017-18	Zonal Secretary
17.	Annual Sports Week	College level	College funding	2017-18	Coordinator
18.	Cricket (Men)	University Level (Inter Collegiate)	Sant Gadge Baba Amravati University.	2018-19	Zonal Secretary
19.	Annual Sports Week	College level	College funding	2018-19	Coordinator
20.	Ball Badminton (Men)	University Level	Sant Gadge Baba Amravati University.	2019-20	Zonal Secretary
21.	Intramural Games & Sports Tournament	College level	College funding	2019-20	Coordinator
22.	Social Awareness Programme COVID-19	National level	Self	2020	Convener
23.	Workshop	National level	College funding	25 <sup>th</sup> Aug. 2021	Convener
24.	Quiz Physical fitness Awareness program	College level	Online mode	14 <sup>th</sup> to 16 <sup>th</sup> Sept. 2021	Convener

### 7. Special Achievement:

Awarded as excellent coach for 4<sup>th</sup> Place SGBA University Korfball team in All India Level Competition held on Maharshi Dayanand University, Rohtak during the year 2013-14 as Coach.

### 8. Other Memberships:

1. Life Member of NUTA (Nagpur University Teachers Association).
2. Life Member of Mahavidyalay Sharirik Shikshan Shikshak Association Amravati.
3. Active Yearly Membership of (PEFI), 02 July 2021 to 02 July 2022.